

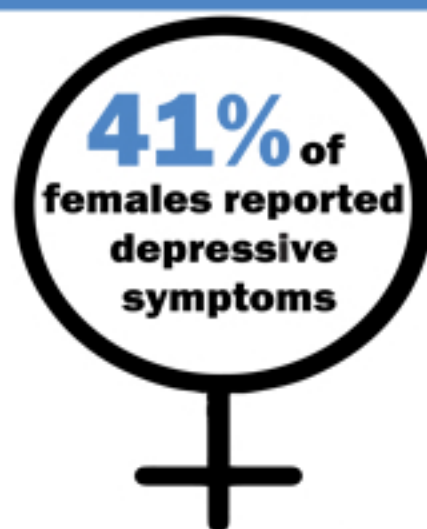
# Depressive Symptoms in Cuyahoga County

2017

## Survey Results for High School Students



nearly **1 in 3**  
high school students has  
depressive symptoms  
(feeling sad or hopeless  
for two or more weeks  
and not doing usual activities)



### Among Students Who Reported Depressive Symptoms

**7 in 10** have  
used alcohol



**1 in 2** has  
used marijuana

**3 in 10** have been  
bullied at school



nearly **1 in 3** has been  
in a physical fight

**1 in 5** has  
attempted suicide



**2 in 5** have hurt  
themselves on purpose

## SEE SOMETHING? SAY SOMETHING:

### What to Look For:<sup>1</sup>

Changes in Appetite

Changes in Sleep

Lack of Concentration

Loss of Energy

Physical Aches & Pains

Changes in Movement

Hopelessness

Suicidal Thoughts

Lack of Interest

### Resources:

**ADAMHS Board of Cuyahoga County**  
[www.adamhsc.org](http://www.adamhsc.org)  
216.241.3400

**216TEENS**  
[www.216teens.org](http://www.216teens.org)  
24/7 Crisis Hotline: 216.623.6888

**Project AWARE Ohio**  
[www.esc-cc.org/ProjectAware.aspx](http://www.esc-cc.org/ProjectAware.aspx)  
216.901.4201

1. Depression. National Alliance on Mental Health Web site. <http://www.nami.org/Learn-More/Mental-Health-Conditions/Depression>. Accessed October 10, 2017.