

Depressive Symptoms in Cuyahoga County

2017 Survey Results for Latino High School Students



2 in 5
Latino high school students
have depressive symptoms
 (Feeling sadness or hopelessness for two or more weeks and not doing usual activities)

57% of
Latinas reported
depressive
symptoms

Among Latino Students Who Reported Depressive Symptoms

3 in 4 have
 tried alcohol



1 in 3 have
 tried cigarettes

Nearly 1 in 3 have been
 bullied at school



1 in 3 have been in
 a physical fight

Nearly 1 in 3 have
 attempted suicide



2 in 5 have hurt
 themselves on purpose

SEE SOMETHING? SAY SOMETHING:

What to Look For:¹

Changes in Appetite

Changes in Sleep

Lack of Concentration

Loss of Energy

Physical Aches & Pains

Changes in Movement

Hopelessness

Suicidal Thoughts

Lack of Interest

Resources:

ADAMHS Board of Cuyahoga County
www.adamhsc.org
 216.241.3400

National Alliance on Mental Illness
 Diverse Communities Program
www.nami.org OR espanol.nami.org

Oscar Hispanic Clinic (Services for Children and Adolescents)
 216.778.2222

1. Depression. National Alliance on Mental Health Web site. <http://www.nami.org/Learn-More/Mental-Health-Conditions/Depression>. Accessed October 10, 2017.

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Los Síntomas Depresivos en el Condado de Cuyahoga

2017 Los Resultados de una Encuesta de los Estudiantes Latinos en las Escuelas Superior



2 de cada 5
estudiantes Latinos tiene
síntomas depresivos

(Sentir tristeza o desesperación que dura dos semanas o más y la interrupción de las actividades normales)



Entre los Estudiantes Hispanos que Tienen Síntomas Depresivos

3 de cada 4
han probado
bebidas alcohólicas



1 de cada 3
han probado
cigarros

casi 1 de cada 3
han sido intimidados
en la escuela



1 de cada 3
han participado en
una pelea física

casi 1 de cada 3
ha intentado de
cometer suicidio



2 de cada 5
se ha lastimado a sí
mismo intencionalmente

¿Ve Algo? Diga Algo:

Síntomas que Buscar:¹

Perdida de esperanza

Cambios en los Hábitos de Sueños

Cambios en el Movimiento

Dolores Físicos

Falta de Interés

Falta de Concentración

Baja Autoestima

Cambios en el Apetito

Perdida de Energía

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